News Release

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Mississauga Halton LHIN launches first Patient and Family Advisory Committee

Oakville Jan. 12, 2018 – Patients, family members, caregivers and individuals with lived experience in the health care system came together in the fall as participants of the Mississauga Halton LHIN's inaugural Patient and Family Advisory Committee (PFAC).

The PFAC is a new forum that will build upon and complement existing patient and family engagement efforts within the Mississauga Halton LHIN. The committee will seek to ensure that patient, family and caregiver voices are embedded into Patients First health care transformation, and that citizen and lived experience feedback guides health care planning and delivery, to ultimately improve the region's health services and delivery of care.

Committee members will work to inform the development of a strategy for regional patient and family engagement, which will officially launch in April 2018. As part of the strategy, members will look for ways to empower patients and caregivers to become agents of change.

"Our hope in the future is that we will be able to see patients, families and individuals with lived experience at every table where there is a discussion about patients," said Bill MacLeod, CEO, Mississauga Halton LHIN. "We're all users of the same system that belongs to all of us – patients and caregivers are informed citizens and can contribute valuable ideas and thoughts about how to improve the health care system."

According to PFAC member and Georgetown resident Ernest Kolenda, involving patients with lived experience in discussions about the health system has two main benefits – it not only empowers patients and caregivers to find ways to improve the health system, but it's also an opportunity for them to learn about what's currently being done within the system to create better experiences and outcomes for patients.

"I have personal support workers coming into my house every morning and evening, so I'm able to talk about my experiences from this perspective," said Kolenda. "But through this committee, I also have an opportunity to learn about the internal workings of the health care system – this



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gives me the chance to hear voices from the other side of the table, which gives me a better picture of what I can contribute and what gaps need to be addressed."

The Mississauga Halton LHIN will continue recruiting new committee members to ensure representation from the region's diverse communities and health care perspectives. Those interested in becoming volunteer members are encouraged to <u>submit an application</u>.

The committee is just one of the many ways the Mississauga Halton LHIN is engaging with patients and caregivers in the region. Individuals interested in collaborating with the Mississauga Halton LHIN in a different capacity are encouraged to contact Hanaa Elkalza, Patient and Family Engagement Coordinator, Mississauga Halton LHIN, at hanaa.elkalza@lhins.on.ca.

This PFAC joins other Mississauga Halton LHIN initiatives that are putting patients first, as part of Ontario's <u>Patients First: Action Plan for Health Care</u>. The Mississauga Halton LHIN's Patient and Family Advisory Committee also joins other LHINs across Ontario who are establishing Patient and Family Advisory Committees.

MISSISSAUGA HALTON LHIN

The Mississauga Halton LHIN plans, funds and integrates the local health system bringing together health care partners from a number of sectors including hospitals, community care and support services, mental health and addictions, community health centres, long-term care and primary care to develop innovative, collaborative solutions to improve access to health care and enhance the experience of patients and clients. As of May 31, 2017, we also deliver and coordinate home and community care.

The Mississauga Halton LHIN has a clear, achievable regional plan to improve the local health system that reflects the needs of the community and the realities of the local service environment. In 2017-2018, Mississauga Halton LHIN's budget of \$1.6 billion was allocated to the delivery and coordination of home and community care services by the LHIN and to programs and services delivered by our health service providers through 70 service accountability agreements. The Mississauga Halton LHIN is home to over 1.2 million people living in the communities of Oakville, Milton, Halton Hills, Mississauga and South Etobicoke.

MEDIA CONTACT

For more information or to arrange interviews, please contact:

Corinne Ton That | Communication Strategist | Mississauga Halton LHIN T: 905-855-9090 ext.2839 | corinne.ton-that@lhins.on.ca