

An Overview of Mississauga Halton LHIN's Strategic Approach to Address ALC Challenges

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Where is MH LHIN headed in the next two years?

LHIN Priorities With Respect to System Expectations

- Focus on Appropriate Level of Care
- Alleviated hospital bed and ED pressures
- Reduce or dampen demand for LTC beds (priority 2 group)
- Reduce ED visits for CTAS 4, 5 (less of a concern for MH LHIN)

How?

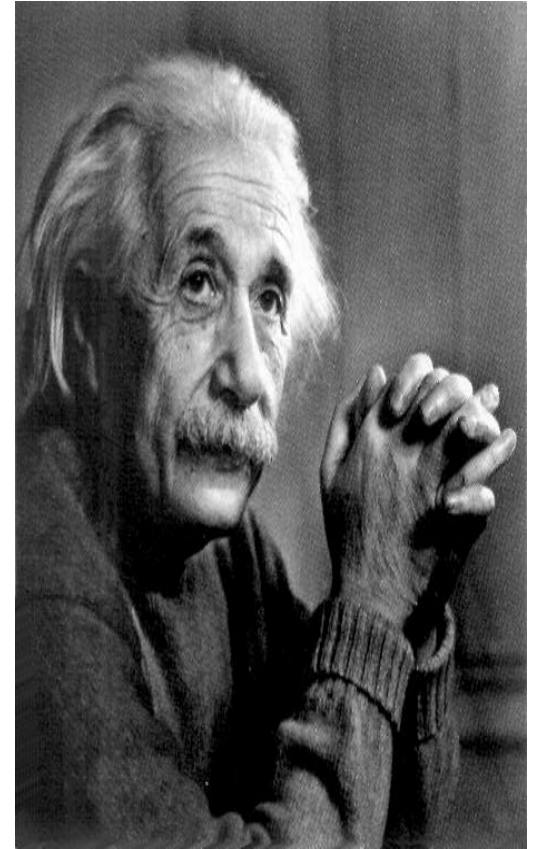
- Increase alternates to staying in hospital – more options for seniors post hospital phase
- All HSPs in LHIN have ALC/ER as their top priority too – community providers must step up to care for the frail and elderly with complex needs
- Divert the culture from default to LTC placement by actively increasing community options
- Integrated-LHIN-wide approach
- Performance based system-all new investments must meet performance requirements

Transformation of Community Sector to Address Impact of Seniors With Complex Health Needs

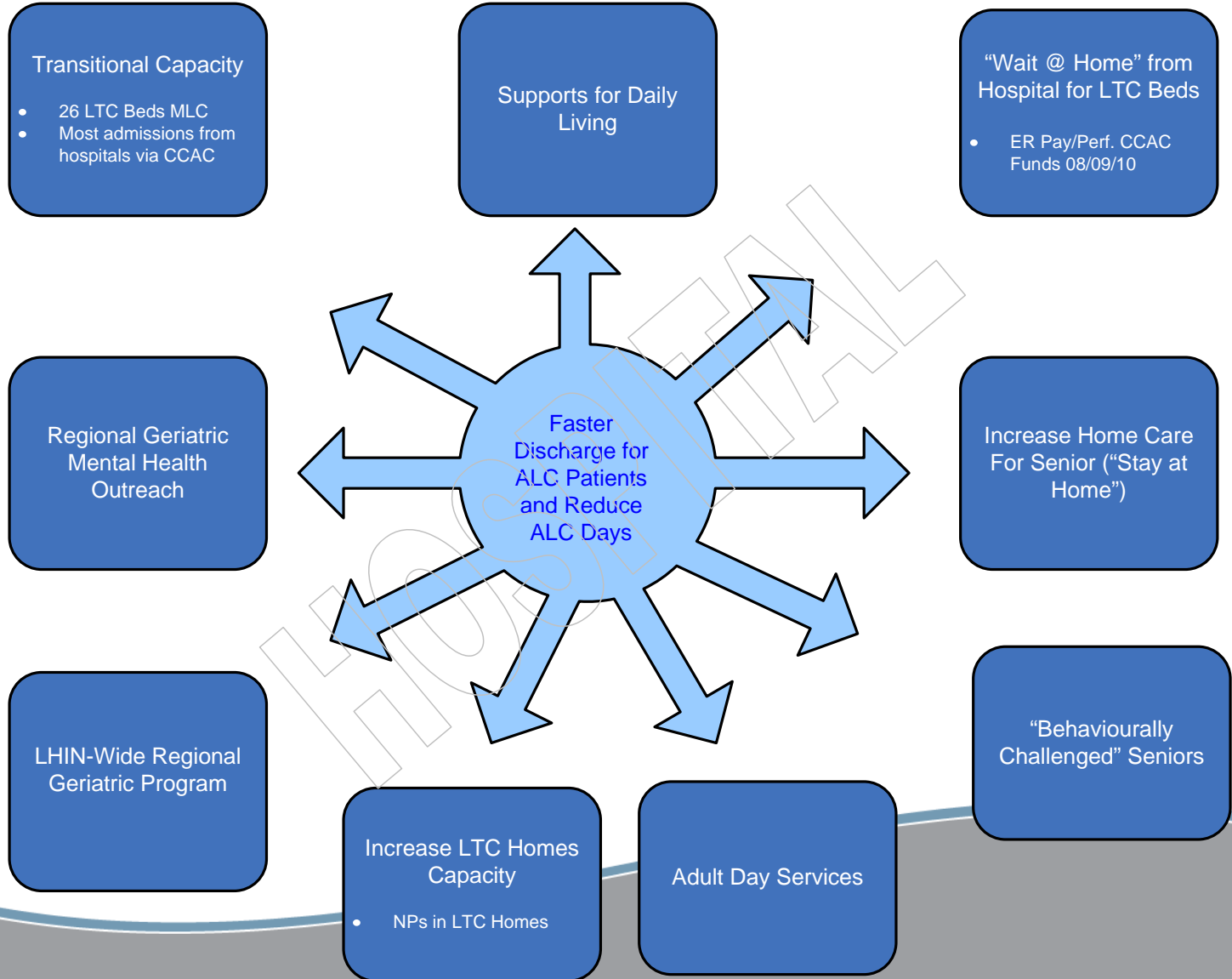
- Change in **culture from preponderance of discharges of ALC patients to LTC homes**
- Create alternatives to LTC homes as the default with significant investments by:
 - I. **Investing in expanded community capacity** to provide options to LTC beds, particularly supports in daily living (generally called “supportive housing”)
 - II. Targeting investment in direct and diversion programs to **enable faster discharge of ALC patients and improve access to treatment time in ERs** (i.e. Wait At Home and Restore)
 - III. Wait at home
 - IV. Supports to manage behaviourally difficult patients
- Find alternatives for those residents who **currently reside in LTC homes** who do want to go back to the community thereby free up much needed LTC beds for those who need these beds (Dr. Hirdes review noted 12% of LTC clients can be in lighter settings).
- Enhance capacity of existing community programs such as **adult day programs** to take care of higher need seniors

Major changes are needed

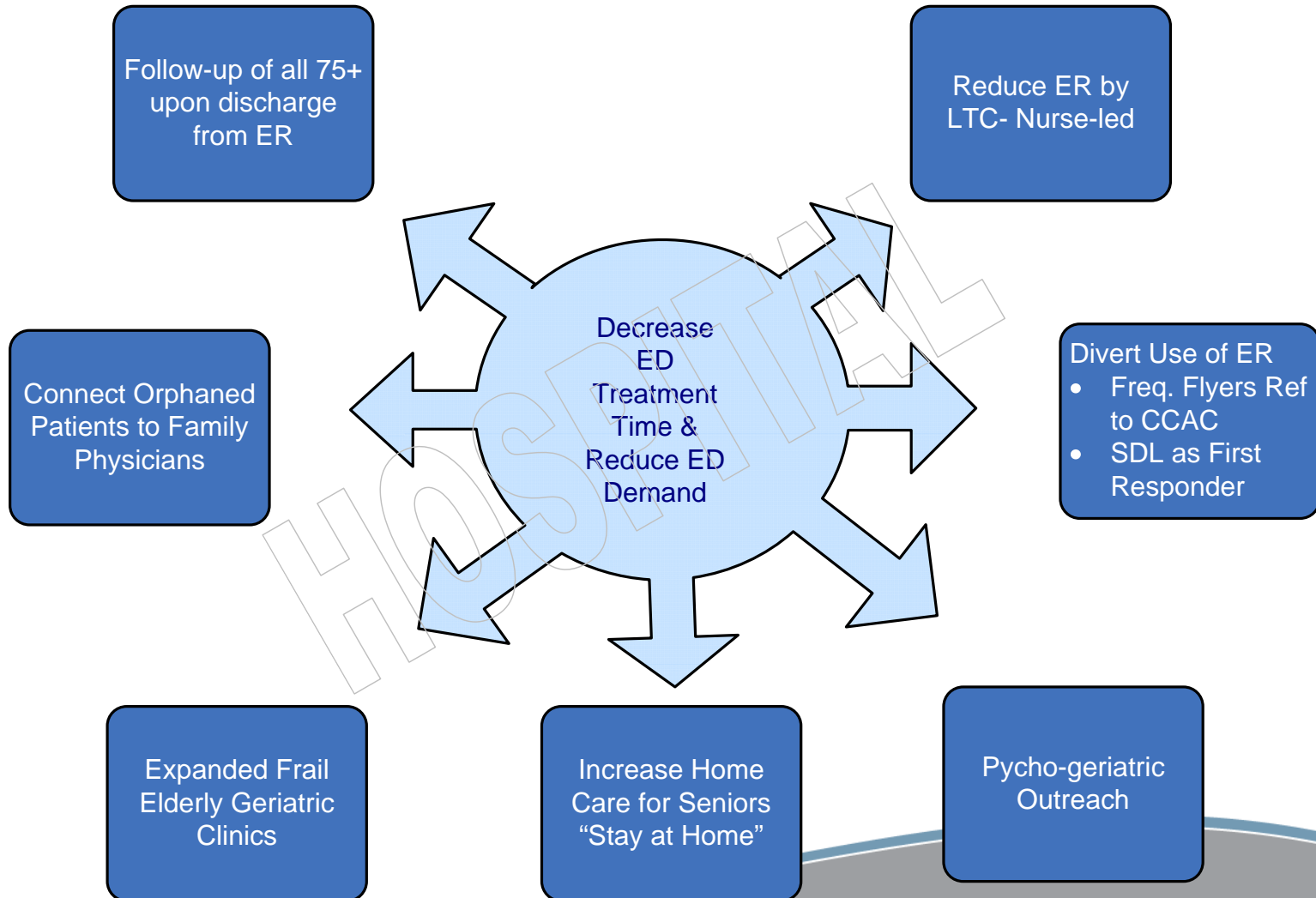
" We can't solve problems by using the same kind of thinking we used when we created them."



MH LHIN Community Investments for Faster Discharge



MH LHIN Community Investments to Decrease ED Wait Times & Demand



***" We occasionally need
to shed off old habits &
items that burden us
without adding to our
lives. "***

THANK YOU

Author: Dr. Myles Monroe Edited

