















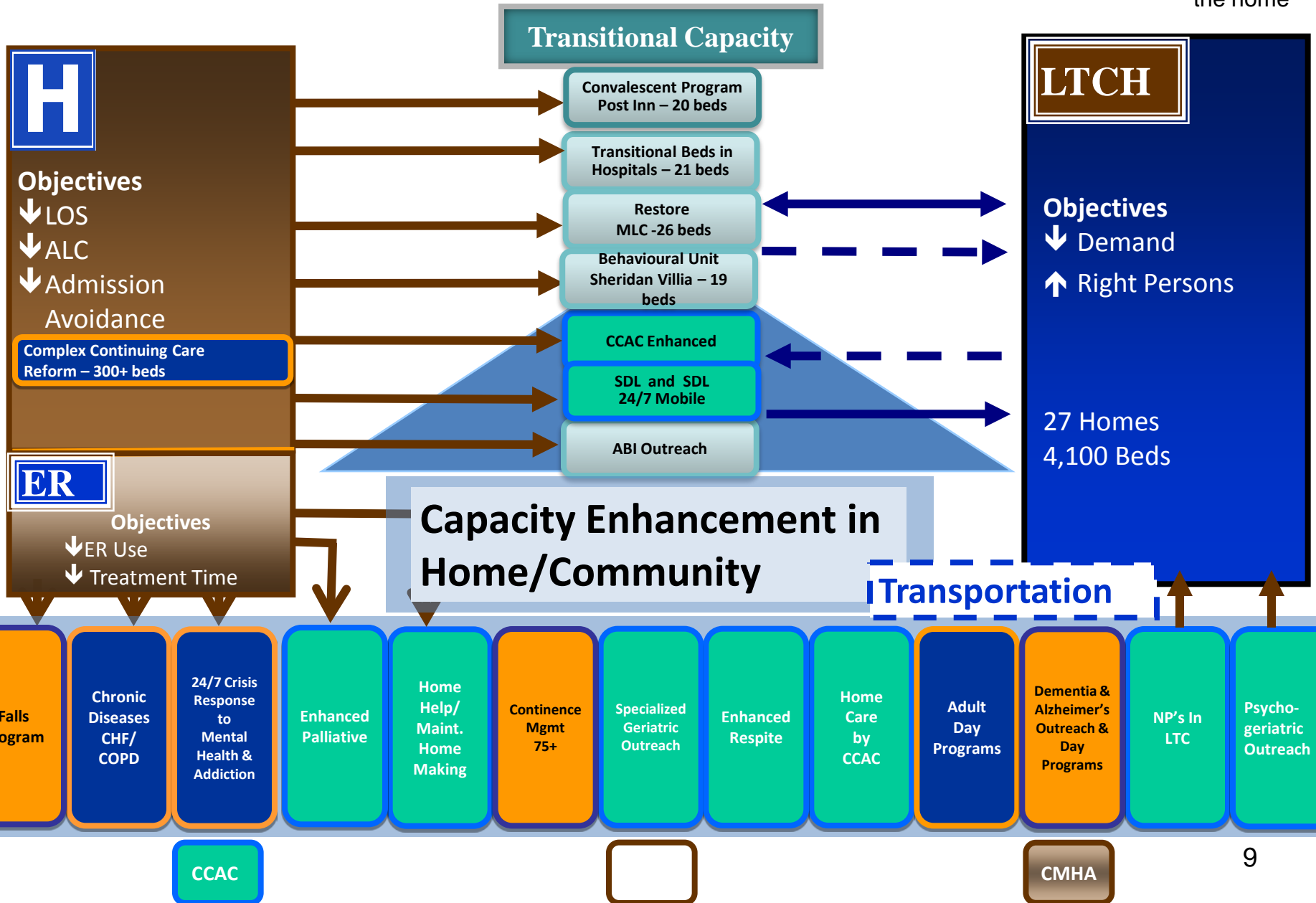




# MH LHIN Aging at Home Strategic Approach

Right Care, Right Place, Right Time, Right Cost

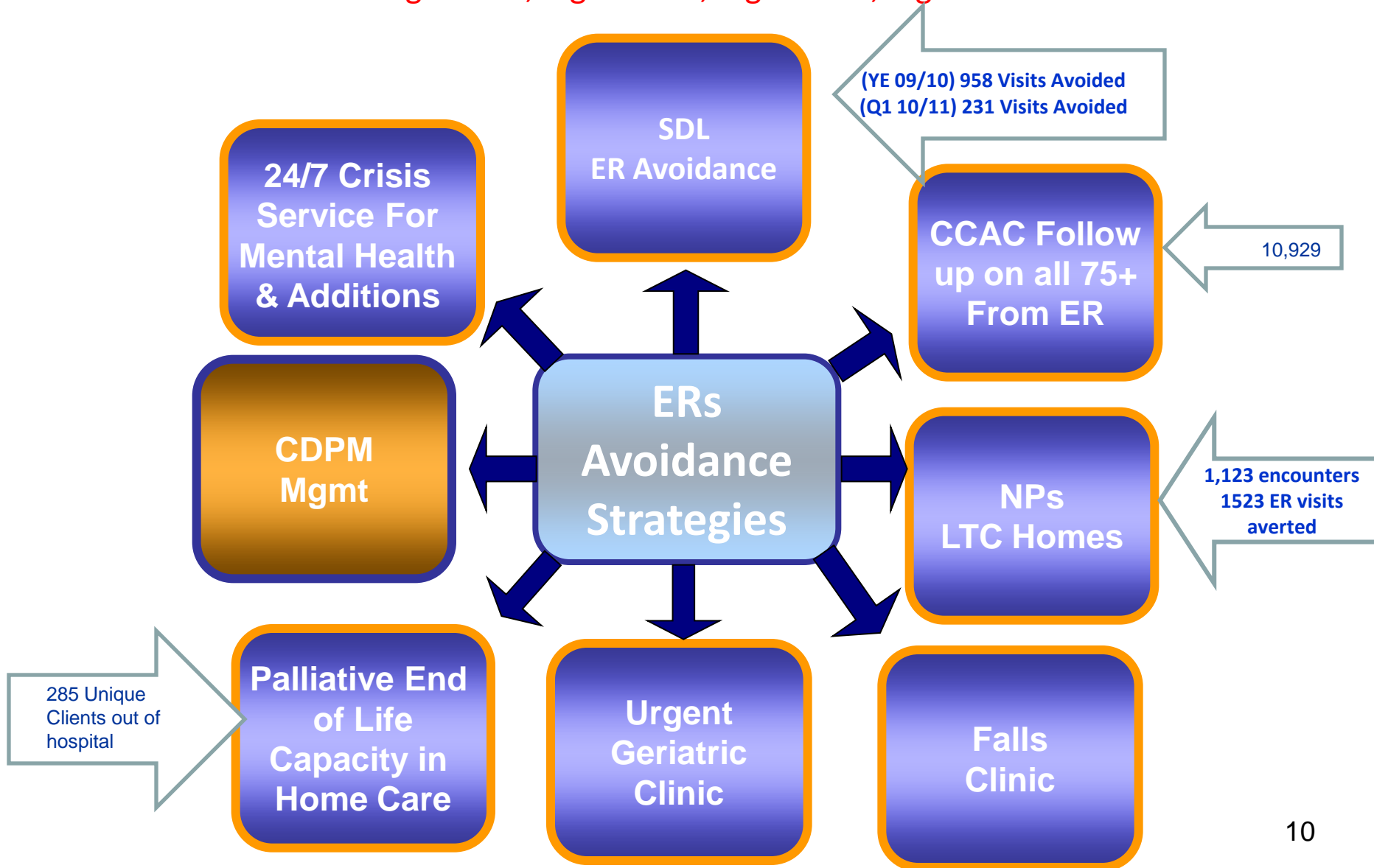
 Services in the home



# MH LHIN Aging at Home

## Investments Implications on ER Improvement

Right Care, Right Place, Right Time, Right Cost



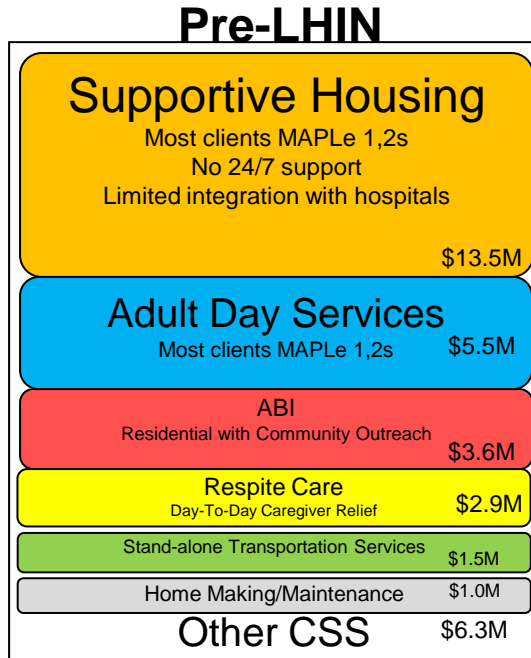
# Transformation of CSS Sector to Focus on Frail Elderly to Stay at Home Safely

**Objective:** Increase Capacity to Reduce Dependence on Institutions (LTC and Hospital Sector)

Support Higher Need "At Risk" Seniors

## Pre- LHIN CSS Performance Requirements

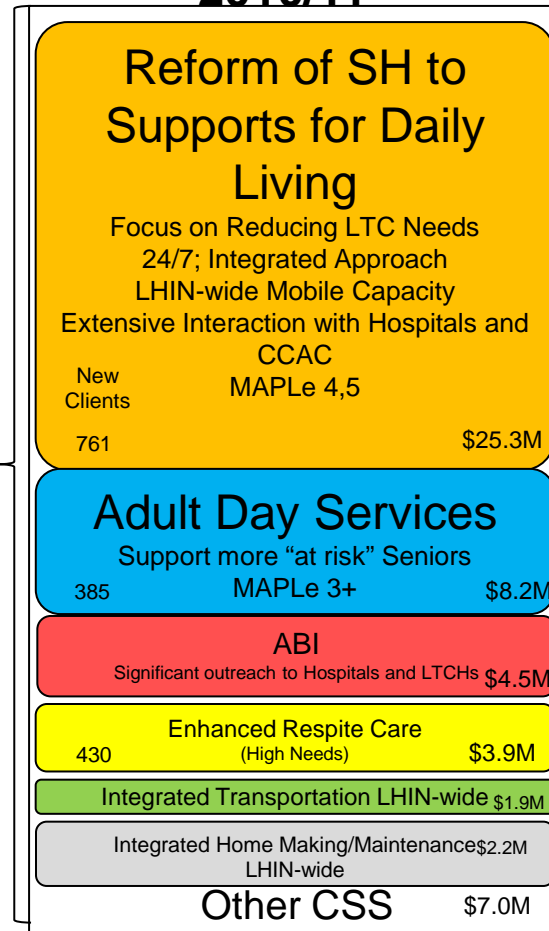
- # Clients
- Balanced Budget
- Client Satisfaction



\$34.3M

Increase of \$18.7M

**2010/11**



## Additional Performance Requirements

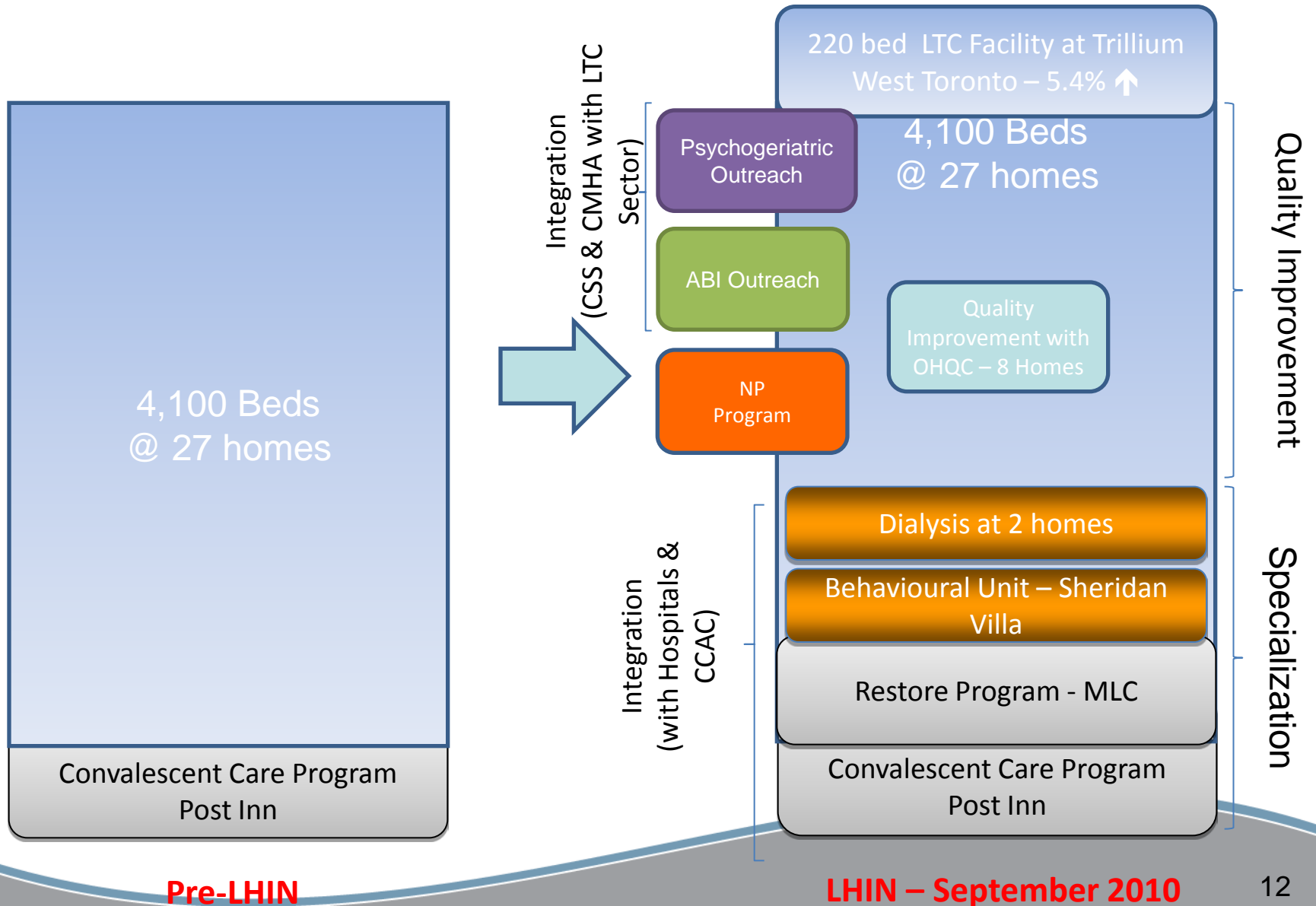
- High Risk Seniors (MAPLe 3+)
- Clients taken from Hospitals, Community and LTC Sectors
- Integral part of Joint Discharge Process in hospitals and CCAC
- All referrals from CCAC
- Higher Needs – MAPLe 3
- Reduce LTC Demand
- Expand to Support difficult cases in Hospitals and LTCHs;
- Clients assisted to avoid ER/Hospital
- Reduce ALC
- Reduce LTC/ER Demand
- Use of Care Giver Stress (CGS) Tool
- LHIN-wide Approach

- Free Existing Hospital Capacity
- Right Placements in LTC Sector by CCAC

SILO → Integrated Approach

\$53.0M

# MH LHIN – Transformation of LTC Sector



# MH LHIN Trend in ALC Days & Patients 2009-2010

Acute Care	Pre-A@H		Impact of A@H		%Change to 09/10	
	FY 07/08	FY 08/09	FY 09/10	FY 07/08	FY08/09	
	<b>Total Days</b>	354,055	372,563	357,384	0.9%	-4.1%
<b>Total Pts</b>	60,864	61,408	63,238	<b>3.9%</b>	<b>3.0%</b>	
<b>Avg LOS</b>	5.82	6.07	5.65	-2.9%	-6.9%	
<b>Total ALC Days</b>	35,844	47,650	32,903	-8.2%	-30.9%	
<b>Total ALC Pts</b>	2,174	2,432	2,677	23.1%	10.1%	<b>Results</b>
<b>Avg ALC LOS</b>	16.49	19.59	12.29	<b>-25.5%</b>	<b>-37.3%</b>	
<b>%ALC</b>	10.10%	12.80%	<b>9.21%</b>	-8.8%	-28.0%	

**3.59% absolute point reduction in ALC Days in 09/10**

Source: CIHI for all 3 years

**Despite growth we had good results**

## Acute ALC Rate for Ontario - Fiscal Years 2008/09 & 2009/10

90 beds

FYear	2008/09			2009/10			ALC Days reduction 08/09 - 09/10 (d) - (C)
LHIN	ALC LOS (c)	Total LOS	ALC % Total Days (a)	ALC LOS (d)	Total LOS	ALC % Total Days (b)	
(06) MISSISSAUGA HALTON	47,650	372,563	12.8%	32,903	357,384	9.2%	-14,747
(05) CENTRAL WEST	24,229	213,479	11.3%	22,085	217,939	10.1%	-2,144
(01) ERIE ST. CLAIR	30,352	280,473	10.8%	29,423	271,106	10.9%	-929
(07) TORONTO CENTRAL	104,207	985,274	10.6%	111,121	993,172	11.2%	6,914
(02) SOUTH WEST	66,875	532,356	12.6%	60,868	527,293	11.5%	-6,007
(08) CENTRAL	69,915	535,295	13.1%	81,788	541,075	15.1%	11,873
(11) CHAMPLAIN	95,851	677,890	14.1%	108,643	694,596	15.6%	12,792
(10) SOUTH EAST	46,299	266,495	17.4%	43,098	256,069	16.8%	-3,201
(03) WATERLOO WELLINGTON	52,047	258,812	20.1%	41,369	234,549	17.6%	-10,678
(14) NORTH-WEST	32,244	177,120	18.2%	30,926	175,314	17.6%	-1,318
(09) CENTRAL EAST	85,018	551,468	15.4%	102,922	551,120	18.7%	17,904
(12) NORTH SIMCOE MUSKOKA	38,628	204,832	18.9%	41,950	211,635	19.8%	3,322
(04) HAMILTON NIAGARA HALDIMAND BRANT (HNHB)	189,902	785,757	24.2%	158,726	756,499	21.0%	-31,176
(13) NORTH-EAST	127,790	456,627	28.0%	125,594	448,598	28.0%	-2,196
<b>Total</b>	<b>1,011,007</b>	<b>6,298,441</b>	<b>16.1%</b>	<b>991,416</b>	<b>6,236,349</b>	<b>15.9%</b>	<b>-19,591</b>

\*Exclude new born and still born

2,700 beds

# Change in LTC Demand in 2009/10

Total Long-Stay Waitlist	Ontario	MH LHIN
Mar-08	23,006	1,040
Mar-09	24,648	1,279
April -10	24,033	<b>1,155*</b>
% Change in 2009	<b>-2.5%</b>	<b>-9.6%</b>
<b>LTC beds per 100 people 75+ years</b>	9.0	7.2

- MH LHIN in 2009
- Province



## How?

- Alternatives to LTC (SDL, Restore)
- Emphasis upon “Home First” from hospital has decreased demand

Reduction in New LTC Applicants	
All Sources	-13.0%
In Hospital	-28.7%

Acute Care	FY 07/08	FY 08/09	(1) FY 09/10	% Change to 09/10	
				07/08	08/09
ALC-LTC Days	<b>11,092</b>	<b>20,615</b>	<b>8,277</b>	<b>-25.4%</b>	<b>-59.8%</b>
Patients	<b>359</b>	<b>502</b>	<b>330</b>	<b>-8.1%</b>	<b>-34.3%</b>

# Overall Results 2009/10

## MH LHIN Aging at Home Strategic Approach

Right Care, Right Place, Right Time

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**Objectives**

- ↓ LOS
- ↓ ALC
- ↓ Admission Avoidance

Complex Continuing Care Reform – 300+ beds

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ER

**Objectives**

- ↓ ER Use
- ↓ Treatment Time

Reduced equivalent of 40 acute beds @100% occupancy

↓ -9.6% in demand for LTC Home

Over 80% of new referrals were high MAPLe

LTCH

**Objectives**

- ↓ Demand
- ↑ Right Persons

Sheridan Villa Behavioural Unit

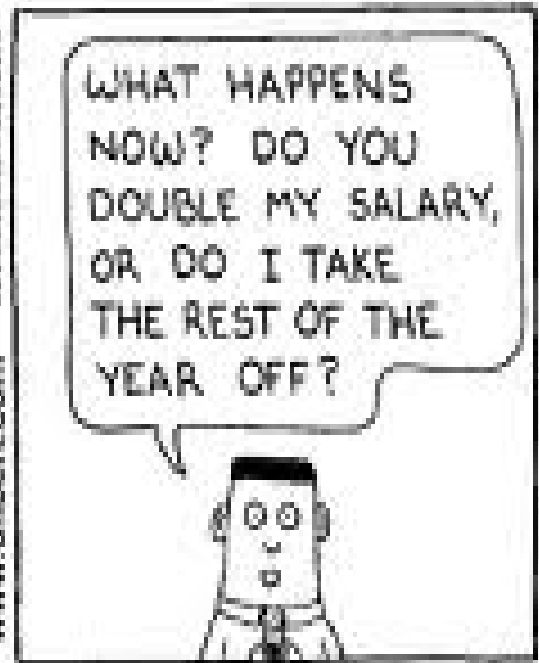
27 Homes  
4,100 Beds

### Strategic Objectives:

I. Reduce ALC days and LOS in hospitals	✓
II. Reduce demand (wait list) for LTC homes	✓
III. Alternatives in Community to LTC for High Need Seniors (MAPLe 3,4,5)	✓
IV. Reduce unnecessary ER visits	



Thank  
You!



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